

Safe Homes

安全家园 · Keselamatan Di Rumah · தமிழ் பாதுகாப்பான இல்லங்கள்

Protect Your Children Against Home Injuries

保护你的孩子别让他们在家中受伤

Lindungi Anak Anda Daripada Kecelakaan Di Rumah

இல்லக் காயங்களிலிருந்து குழந்தையைப்
பாதுகாத்துக்கொள்ளுங்கள்.





“Hello!

My name is **CHIPP**.
I am the Mascot for **Childhood Injury Prevention Programme**.

Do you know that young children are most vulnerable to injuries?
Some home injuries can be serious or even fatal.

Luckily, most of these can be prevented.

Follow me and I'll show you how you can make your home safe.”

Living Room

Ensure that:

- ❖ floors are not highly polished
- ❖ only non-slip mats are used
- ❖ toys are not scattered on the floor
- ❖ windows are fitted with grilles and kept locked
- ❖ furniture do not have sharp edges
use corner guards if necessary
- ❖ drawers are latched as children may slam their fingers in drawers that are left opened
- ❖ fragile, loose and easily overturned objects are out of children's reach
these include vases, lamps, fish tanks, televisions and decorations



Ensure that playpens are used in place of baby walkers.
Baby walkers can result in falls.



Kitchen

- ❖ Use safety gates to keep children out of the kitchen, especially when you are cooking.
- ❖ Avoid using a tablecloth. Use placemats instead.
- ❖ Ensure that the kitchen floor is free from grease, water or soap.
- ❖ Use the back stove burners or a stove guard during cooking. Turn handles of pots and pans containing hot liquids inwards.
- ❖ Cap thermos flasks properly or use a flask with a safety lock.
- ❖ Keep matchsticks and fire starters out of children's reach.
- ❖ Keep sharp objects such as knives, scissors, screwdrivers and ice-picks in latched drawers.



Keep household cleaners, detergents, medicines, aerosol cans and other poisonous substances out of children's reach.



Small, rounded or smooth foods like fish balls, grapes and cocktail sausages, should be cut up as they may be a choking hazard.



Dining Room

- ❖ Ensure that bones of fish and chicken meat are thoroughly removed before feeding your child.
- ❖ Remind your children not to play, talk or laugh, while eating.
- ❖ Avoid feeding your child when he/she is crying or lying flat on the bed.
- ❖ Do not coax your children into taking pills or medicines by telling them that these are sweets. They may eat other medicines they find lying around, mistaking them for sweets. Keep medicines in child-proof bottles and keep them out of reach of your child.



Slats



Bedroom

- ✔ Ensure that your baby's crib does not have slats that are more than 5 cm apart as your baby could be strangled if his/her head is trapped between the slats.
- ✔ Ensure that there is no space between the baseboard and the frame of the cot. Your baby may fall through the gap and get his/her head stuck.
- ✔ Do not use a soft pillow or bolster. Your baby may bury his or her head in it and suffocate.
- ✔ Towels, blankets and plastic sheets may cause suffocation. Keep them out of your baby's reach.
- ✔ Sleeping with the baby on your bed is discouraged as you may accidentally roll onto and suffocate your baby.
- ✔ Avoid using sarong cradles. Your baby may fall out of them and be seriously hurt.
- ✔ Children should not sleep on double-decker beds if they are below the age of seven, as they could fall and suffer severe injuries.



Always watch over babies when they are lying on beds or diaper changing tops as they may roll over and fall off.

Always add hot water to cold water and not vice versa. Your child may get scalded when he/she playfully jumps into a basin or tub full of hot water.



Bathroom

- ❖ Do you know that a pail containing a few inches of water can drown a child? When not in use, empty all pails and basins, and cover them or turn them over.
- ❖ Never leave your children alone in the bathroom, especially the bathtub. Take them along if you need to answer the phone or door.
- ❖ Wipe up any liquids spilt on floor surfaces immediately.
- ❖ Always use non-slip mats in the bathroom.
- ❖ Keep toiletries, cosmetics and razors out of your child's reach.





**Remember:
not all toys are safe!**

Toy Safety

Choose toys that:

- ❖ are age appropriate and keep toys of older children out of reach of younger ones
- ❖ do not contain flying or spinning devices as they may cut, blind or hurt your child when out of control
- ❖ do not have strings or cords attached to them that might strangle your child avoid hanging toys near your baby
- ❖ do not topple easily
unstable riding toys may hurt your child
- ❖ are not made from breakable materials like glass or materials that easily catch fire
- ❖ are not noisy as they may damage your child's hearing
- ❖ do not contain harmful liquids and gases, detachable parts or sharp edge and jagged trimmings.



Keep small objects like buttons, coins, pins or marbles out of reach of young children so that they do not play with these objects.

CHIPP'S KEY MESSAGES FOR A SAFE HOME



Preventing childhood injury begins in your own home.

- ♥♥ Ensure someone is with your young child at all times.
- ♥♥ Have a well stocked first aid kit and be familiar with simple first aid procedures.
- ♥♥ Have a list of emergency phone numbers at hand.
- ♥♥ Educate your child and caregiver on the importance of safety.
- ♥♥ Use safety products like corner guards, door stoppers, stove guards, drawer latches and electrical socket covers.
- ♥♥ Arrange furniture neatly to avoid clutter. Do not place furniture near windows as children may climb up and reach the windows.
- ♥♥ Keep your children's belongings within their reach to prevent falling accidents.
- ♥♥ Do not allow children to play with plastic bags, as they can cause suffocation.
- ♥♥ Keep electrical wires out of your children's reach. Keep your child away when you are ironing.
- ♥♥ Young children should not wear jackets with hoods or long strings. Do not hang gold chains or pacifiers around the neck of a baby, especially when he/she is sleeping.